



KGV

MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



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MENU MECHANISM

- NUTS FREE**: All our meals are Nuts Free
- CAGE FREE**: All our eggs are Cage Free
- MADE IN HONG KONG**: Discover Locally Made products
- HK GROWN LOCALLY**: Savor Low Carbon footprint produce
- 50 FUTURE FOOD**: Ingredients good for Planet & Health

GO & ENJOY All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

OK BUT THINK

BE CAUTIOUS Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS

- ALLERGEN DAIRY
- ALLERGEN EGG
- VEGETARIAN
- VEGAN
- MILD SPICY

A Healthy and Balanced Diet Every Day!

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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Feb 23 - 27

WEEKLY MENU



23/02 Monday

24/02 Tuesday

25/02 Wednesday

26/02 Thursday

27/02 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in		Creamy Mushroom & Pork Stew w/ Rice 	Indian Chicken Masala w/ Rice OR Pita Bread 	Grilled Chicken Steak in Onion Sauce w/ Rice 	Tori Karaage w/ Cross Trax Fries [\$47]
Meal B \$41 Takeaway \$38 Dine-in		Baked Fish Fillet in Tomato Concasse w/ Rice OR Pasta 	Braised Pork-loin w/ Tomato & Onion, Rice 	Stir-fried Pork Belly & Kimchi w/ Rice 	Beef Stroganoff w/ Pasta OR Rice
Meal C \$38 Takeaway \$35 Dine-in		(Vegan) Stir-fried String Bean & Dried Tofu w/ Rice 	(V) Curry Dahl w/ Pasta OR Rice 	(V) Truffle Mushroom Sauce Pasta 	(V) Stir-fried Egg Noodle w/ Assorted Vegetable

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm

Bowl \$41		Shanghainese Soup Noodle w/ Shredded Chicken (Pre-order Available) 	Taiwanese Soup Noodle w/ Beef Brisket (Pre-order Available)	Tteok-bokki 	Japanese Char Siu Ramen (Pre-order Available)
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36		Grilled Bacon Caesar 	Mixed Kale Salad w/ Parma Ham in Italian Dressing	(V) Japanese Cold U-don in Sesame Dressing 	Potato & Chicken Salad in Thousand Island Dressing
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30		Ham & Cheese 	Chicken & Mushroom 	Bacon & Cheese 	Meat Lover
Pizza B (Vegetarian) \$30		(V) Marinara 	(V) Margherita 	(V) Trio Cheese 	(V) Marinara



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Feb 23 - 27

WEEKLY MENU



23/02 Monday			24/02 Tuesday			25/02 Wednesday			26/02 Thursday			27/02 Friday			
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A				Creamy Mushroom & Pork Stew w/ Rice			Indian Chicken Masala w/ Rice OR Pita Bread			Grilled Chicken Steak in Onion Sauce w/ Rice			Tori Karaage w/ Cross Trax Fries		
				162	9	7	161	5	8	177	9	5	269	10	15
Meal B				Baked Fish Fillet in Tomato Concasse w/ Rice OR Pasta			Braised Pork-loin w/ Tomato & Onion, Rice			Stir-fried Pork Belly & Kimchi w/ Rice			Beef Stroganoff w/ Pasta OR Rice		
				144	11	4	154	9	5	186	8	10	183	9	10
Meal C				(Vegan) Stir-fried String Bean & Dried Tofu w/ Rice			(V) Curry Dahl w/ Pasta OR Rice			(V) Truffle Mushroom Sauce Pasta			(V) Stir-fried Egg Noodle w/ Assorted Vegetable		
				120	6	4	124	5	5	198	6	12	167	4	9
Bowl				Shanghainese Soup Noodle w/ Shredded Chicken			Taiwanese Soup Noodle w/ Beef Brisket			Tteok-bokki			Japanese Char Siu Ramen		
				146	8	5	158	8	9	188	5	9	211	12	12
Salad Box				Grilled Bacon Caesar			Mixed Kale Salad w/ Parma Ham in Italian Dressing			(V) Japanese Cold U-don in Sesame Dressing			Potato & Chicken Salad in Thousand Island Dressing		
				196	10	13	185	8	13	165	10	5	175	10	13



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